

Daily Schedule – Quaker House

8:00am	School Opens – children arrive - free choice play in areas and some teacher directed activities
9:30am	Bathroom – careful hygiene and self-help skills encouraged
9:40am	Morning Snack – nutritious snacks and socializing
10:00am	Circle – moment of silence, story, movement Morning teacher directed activity
11:00am	Outdoor time - free choice play and occasional teacher organized games.
12:00pm	Bathroom and wash hands
12:10pm	LUNCH! Learn about good nutrition and practice social skills.
12:30pm	Children may leave table when done and play in classroom; free choice play continues inside or outside or extension of morning activity
12:45pm	“am only” children depart
1:00pm	Arrival of afternoon children. All children may participate in teacher directed activity with pm/arrivals.
1:30pm	Clean-up and Bathroom
1:45pm	Naptime (older non-nappers – at least 30 minutes rest on cots, quiet play or books afterwards)
3:15pm	Wake up and Bathroom
3:30pm	Afternoon snack –snacks and socializing; prepare to go outside
4:00pm	Outdoor Play – free choice play and occasional teacher organized games
5:00pm	Indoor Play – teacher directed activity and free choice play. Some children picked up.
5:45pm	Clean-up time followed by books or a music and movement activity
6:00pm	School closes